

CALENDER OF ACTIVITIES OF FIVE YEARS

ARMY COLLEGE OF NURSING
DEEP NAGAR, JALANDHAR CANTT

SNA ACTIVITIES

(SESSION - 2015-16)

DATE	DAYS	ACTIVITIES
1 st -7 th Sep 2015	National Nutritional Week	Diet Preparation Competition
5 th Sep 2015	Teacher's day	Cultural Programmes
21 st Sep 2015	World Alzheimer's Day	Poster competition
10 th Oct 2015	Mental Health Day	Poster competition, Role Play
11 th Nov 2015	National Education Day	Slogan writing, poetry recitation, debate
15 th Nov 2015	World Diabetes Day	Health Education
1 st Dec 2015	International AIDS day	Workshop
8 th Dec 2015	National Day for Mentally Retarded	Health Education
30 th Jan 2016	Anti leprosy Day	Seminar
8 th Mar 2016	International Women's Day	Beauty Competitions, Rangoli
9 th Mar 2016	World Kidney Day	Quiz competition
7 th April 2016	World Health Day	Poster Exhibition, Role Play
12 th -18 th May 2016	International Nurses Week	Role Play, Poster Making, Quiz Competition
5 th June 2016	World Environment Day	Best out of waste, Tree Plantation
1 st -7 th August 2016	World Breastfeeding week	Heath Talks in wards and Seminar

Harvinder Kaur
SIGNATURE OF SNA ADVISOR

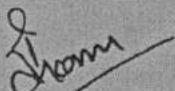
P. Gupta
SIGNATURE OF PRINCIPAL

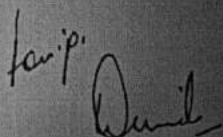
Principal
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Jalandhar Cantt

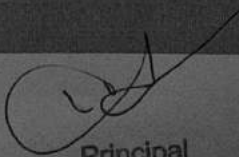
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Jalandhar Cantt

ARMY COLLEGE OF NURSING
DEEP NAGAR, JALANDHAR CANTT
SNA ACTIVITIES 2016-2017

DATE	DAYS	ACTIVITIES
1 st - 7 th Sep 2016	National Nutritional Week	Diet Preparation Competition
5 th Sep 2016	Teacher's day	Cultural Programmes
21 st Sep 2016	World Alzheimer's Day	Poster Competition
10 th Oct 2016	Mental Health Day	Poster competition, Role Play
11 th Nov 2016	National Education Day	Slogan writing, poetry recitation, debate
15 th Nov 2016	World Diabetes Day	Health Education
27 th Nov 2016	Organ Donation Day	Collage making competition
1 st Dec 2016	International AIDS day	Workshop
8 th Dec 2016	National Day for Mentally Retarded	Health Education
30 th Jan 2017	Anti leprosy Day	Seminar
8 th Mar 2017	International Women's Day	Beauty Competitions ,Rangoli
9 th Mar 2017	World Kidney Day	Quiz competition
7 th April 2017	World Health Day	Poster Exhibition, Role Play
12 th -18 th May 2017	International Nurses Week	Role Play, Poster Making, Quiz Competition
5 th June 2017	World Environment Day	Best out of waste, Tree Plantation
1 st -7 th August 2017	World Breastfeeding week	Heath Talks in wards and Seminar


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Army College Of Nursing

SNA Activity Calendar (2017-2018)

S. No.	DATE	DAYS	ACTIVITIES	TEACHER INCHARGE	SIGNATURE OF TEACHER
1.	5 th Sept. 2017	Teacher's Day			
2.	29 th Sept. 2017	World Heart Day	Quiz Competition	Mrs Khushnasib & Ms. Victoria	<i>Shail Victoria</i>
3.	10 th Oct. 2017	World Mental Health Day	Poster, Role Play	Mrs. Shailza & Ms Riya	<i>Shailza Riya</i>
4.	14 th Nov. 2017	World Diabetes Day	Health Education With health camp	Ms Apsara & Ms Mandeep & Ms Harpreet	<i>Apsara Mandeep Harpreet</i>
5.	27 th Nov. 2017	Organ Donation Day	Awareness campaign	Ms. Maninder & Ms. Amanjit	<i>Maninder Amanjit</i>
6.	1 st Dec. 2017	World AIDS Day	Poster Exhibition in MH.	Ms. Gagan & Ms. Yadwinder	<i>Gagan Yadwinder</i>
7.	30 th Jan. 2018	World Leprosy Eradication Day	Quiz competition	Mrs. Jaspreet & Ms. Rashmi	<i>Jaspreet Rashmi</i>
8.	4 th Feb. 2018	World Cancer Day	Seminar	Mrs. Baljeet & Ms Bandhu	<i>Baljeet Bandhu</i>
9.	28 th Feb. 2018	National Science Day	Debate	Mrs. Bandna & Ms. Jasmeet	<i>Bandna Jasmeet</i>
10.	8 th March 2018	International Women's Day	Beauty Comp., Rangoli	Ms. Bandhu & Mrs Manju	<i>Bandhu Manju</i>
11.	24 th March 2018	World TB Day	Poster with exhibition & Health check up (cantonment)	Ms. Jasmeet & Ms. Mandeep	<i>Jasmeet Mandeep</i>
12.	7 th April 2018	World Health Day	Role Play, Poster Exhibition & Seminar	Ms. Manju & Ms. Apsara & Ms. Mandeep	<i>Manju Apsara Mandeep</i>
13.	12-18 th May 2018	International Nurses Week	Role Play, Poster Exhibition, Quiz Competition	Mrs. Varinder & Ms. Eliza	<i>Varinder Eliza</i>
14.	11 th July 2018	World Population Day	Poster competition	Ms. Apsara & Ms. Victoria	<i>Apsara Victoria</i>
15.	1-7 th Aug. 2018	World Breastfeeding Week	Exhibition Of Poster with Health Education	Ms. Eliza & Ms. Riya	<i>Eliza Riya</i>

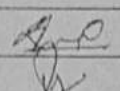
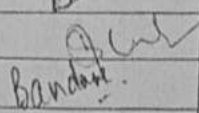
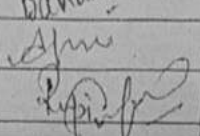
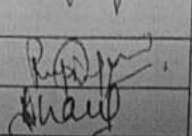
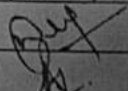
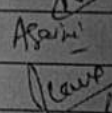
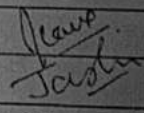
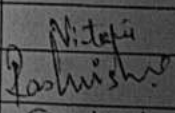
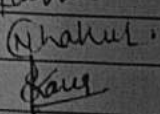
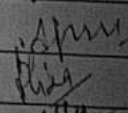
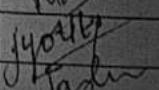
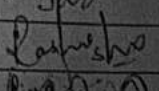
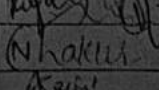
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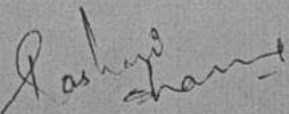
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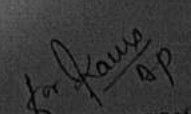
Principal
Army College of Nursing
Jalandhar Cantt

ARMY COLLEGE OF NURSING

SNA ACTIVITY CALENDER (2018-2019)

S.No	DATE	Event/Days	Activities	Teacher Incharge	Signature of Teacher
1	05-Sep-18	Teacher's Day		SNA Executives	
2	21-Sep-18	World Alzheimer's Day	Role Play ; Poster at ACN	Ms. Gagan Sharma	
				Mrs. Harpreet Kaur	
3	10-Oct-18	World Mental Health Day	Role Play at MH & ACN	Ms. Riya Sharma	
				Ms. Bandana	
4	14-Nov-18	World Diabetes Day	Health Camp at Community Centre	Ms. Apsra Kalsi	
				Ms. Rupinder Kaur	
5	01-Dec-18	World AIDS Day	Rally in Community	Mrs. Varinderpal Kaur	
				Ms. Rupinder Kaur	
6	27-Jan-19	World Leprosy Day	Seminar at ACN	Mrs. Khushnaseeb	
				Ms. NANDINI	
7	04-Feb-19	World Cancer Day	Quiz Competition at ACN	Ms. Harpreet Kaur	
				Ms. Amanjeet Kaur	
8	08-Mar-19	International Women's Day	Cooking competition at ACN	Mrs. Baljeet Kaur	
				Ms. Jasleen Kaur	
9	24-Mar-19	World TB day	Awareness Campaign at Cantonment Board Hospital	Ms. Victoria	
				Ms. Rashmi Sharma	
10	07-Apr-19	World Health Day	Seminar at ACN	Ms. Neeta Thakur	
				Ms. Sukjot Kaur	
11	25-Apr-19	World Malaria Day	Poster Exhibition , Health Education at ACN	Ms. Apsra Kalsi	
				Ms. Eliza	
12	12-18 May-19	International Nurses Week	Role play ; Seminar at ACN	Ms. Jyotika	
				Ms. Jasleen Kaur	
13	28-Jul-19	World Hepatitis Day	Seminar at ACN	Ms. Rashmi Sharma	
				Ms. Riya Sharma	
14	1-7 Aug-19	World Breast Feeding Week	Poster Exhibition , Health Education at MH	Ms. Neeta Thakur	
				Ms. Amanjeet Kaur	

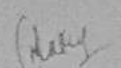

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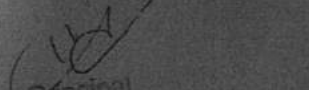

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ARMY COLLEGE OF NURSING
SNA ACTIVITY CALENDER (2019-2020)

S.No.	DATE	DAY	EVENT
1	29-Sep-19	Sunday	World Heart Day
2	10-Oct-19	Thursday	World Mental Health Day
3	11-Dec-19	Saturday	World Arthritis Day
4	15-Oct-19	Tuesday	World HAND WASHING Day
5	15-Oct-19	Tuesday	State level SNA Biennial conference
6	17-Oct-19	Thursday	World trauma day
7	23-Oct-19	Wednesday	World iodine deficiency day
8	02-Nov-19	Thursday	World Nutrition Day
9	14-Nov-19	Thursday	Diabetes day /Children's Day
10	16-Nov-19	Saturday	fresher's party
11	18-Nov-19	Monday	SNA Election
12	19-Nov-19	Tuesday	World COPD Day
13	21-Nov-19	Friday	New born care week
14	01-Dec-19	Sunday	World AIDS Day
15	04-Feb-19	Tuesday	World cancer day
16	05-Feb-20	Wednesday	Lamp Lighting
17	12-Feb-20	Wednesday	Sexual& Reproductive Health
18	29-Feb-20	Saturday	AnnualSports Meet
19	08-Mar-20	Sunday	international women's day
20	24-Mar-20	Tuesday	World Tuberculosis Day
21	1 -7th -april -20	Monday-Saturday	7th intercollege cultural and sports meet "Beat-2019
22	07-Apr-20	Tuesday	WHO Day
23	01-May-20	Friday	world Asthma Day
24	6 -12 May-20	wednesday - Tuesday	International Nurses Week
25	15-May-20	Friday	International Kangaroo Care Awareness Day
26	21-May-20	Sunday	Yoga Day
27	1-7 -Aug-20	Monday-Saturday	Breast Feeding Week


SNA ADVISOR


Principal
Army College of Nursing
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SNA PRESIDENT

PERSONALITY DEVELOPMENT PROGRAMMES



Mrs M Maheswary

B Sc (Hons) Nursing, M Sc (Nursing)



Principal

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Army College of Nursing

Deep Nagar,

Jalandhar Cantt

Pin-144005

List of training programmes imparting transferable and life skills offered during the last five years

Name of the training programmes (with 15 or more contact hours) offered during the last five years	Year of offering
Personality development & programme & leadership skills	2020-2019
Communication skills	2020-2019
Personality development & programme & leadership skills	2019-2018
Communication skills	2019-2018
Personality development & programme & leadership skills	2018-2017
Communication skills	2018-2017
Personality development & placement / readiness	2017-2016
Communication skills	2017-2016
Personality development & placement / readiness	2016-2015
Communication skills	2016-2015

(M Maheswary)
Principal
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