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Jalandhar Cantt

Pin-144005



Student distributing newspaper to patient under Red Cross Unit, MH, JRC

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Milieu Therapy provided by Students at Red Cross Unit, MH, JRC

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World Diabetes Day- 2015

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National Education Day- 2015


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Organ Donation Day- 2015

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International AIDS Day

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Mental Health Day- 2016

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World Mental Day- 2017

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Asha School Visit- 2017

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World Leprosy Day- 2017

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Jalandhar Cantt

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World Health Day- 2017

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Jalandhar Cantt

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World Mental Health Day- 2018

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World AIDS Day- 2018

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International Nurse's Day- 2018

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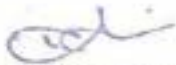


Lecture by Ms. Gagan Sharma, Asst. Pro. On
First Aid (CPR)- 2019

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International Nurse's Day- 2019


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Army College of Nursing

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Jalandhar Cantt

World Nutrition Day- 2019



World AIDS Day- 2019


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Jalandhar Cantt



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Jalandhar Cantt

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World Cancer Day- 2019

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Jalandhar Cantt

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World Cancer Day- 2019

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World Women's Day- 2019

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World Health Day- 2019

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World Heart Day- 2019

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World Hand-Washing Day- 2019

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World Women's Day- 2020


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World Yoga Day- 2020

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World Yoga Day- 2020

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World AIDS Day- 2020

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Deep Nagar,

Jalandhar Cantt

Pin-144005



World Cancer Day- 2020

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Jalandhar Cantt

आर्मी कालेज ऑफ नर्सिंग ने गांव रायपुर में लोगों को स्वास्थ्य संबंधी किया जागरूक



जालंधर छावनी (खस) : आर्मी कालेज ऑफ नर्सिंग जालंधर छावनी द्वारा छावनी के समीपवर्ती गांव रायपुर में लोगों को स्वास्थ्य संबंधी जागरूक किया व साथ ही बेहतर स्वास्थ्य संबंधी ज्ञानवर्द्धक डिप्स दिए। इस अवसर पर डा. दलजीत कौर ने सभी का धन्यवाद किया व कॉलेज की गतिविधियों की जानकारी दी गई। उन्होंने बताया कालेज के विद्यार्थियों द्वारा समय-समय पर ग्रामीण व अन्य क्षेत्रों में ट्रेनिंग इत्यादि व कैपों के माध्यम से लोगों को स्वास्थ्य सेवाओं के साथ-साथ ज्ञानवर्द्धक जानकारी देते हैं। उन्होंने गांव के सरपंच बिंदर कौर को विशेष सहयोग के लिए सम्मानित भी किया। सरपंच बिंदर कौर ने नर्सिंग कालेज की समूह टीम द्वारा किए जा रहे स्वास्थ्य के क्षेत्र में कार्यों की प्रशंसा की व आने वाले समय में भी और गतिविधियों के लिए सकारात्मक सहयोग का आग्रहसून दिया। इस अवसर पर रिटायर्ड कर्नल दलजीत कुमार वरिष्ठपाल कौर, मनिंदजीत कौर, सुनील कुमार उपस्थित थे।

NEWSPAPER :- DANIK SAUGRA

DAY & DATE :- WEDNESDAY, 12/04/2017

PAGE NO. :- 13

P. J. Singh
12/4/17

(M Maheswary)
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Jalandhar Cantt

ARMY COLLEGE OF NURSING CELEBRATES INTERNATIONAL DAY OF YOGA

Jalandhar, 21 Jun (Punjab Post Bureau) - International Day of Yoga was celebrated by Army College of Nursing, Jalandhar Cantt (ACN) on



21 June 2017. All the students, faculty and staff enthusiastically participated in the yoga activities. Dr (Mrs) Baljit Kaur, Principal and Col Daljit Kumar (Retd), Registrar, Army College of Nursing, Jalandhar Cantt unveiled the theme of International Yoga Day 2017. Thereafter, Dr (Mrs) Baljit Kaur, Principal, Army College of Nursing, Jalandhar Cantt administered the pledge to students to make Yoga an integral part of their daily life. At the end, Mrs Jaspreet Kaur, Assistant Professor highlighted the importance of yoga and the need of making yoga a part & parcel of our daily routine.

NEWSPAPER :- PUNJAB POST

DAY & DATE :- THURSDAY, 22 JUNE 2017

(M Maheswary)
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Jalandhar Cantt

Palwans
19/7/17

(M Maheswary)
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Jalandhar Cantt



Students of the Apeejay College of Fine Arts, Jalandhar in a jubilant mood after winning the overall trophy in the Zonal and Inter-Zonal Youth Festivals of Guru Nanak Dev University, Amritsar, held recently; (and below) Students of Army College of Nursing, Jalandhar Cantt, with their trophy. TRIBUNE PHOTOS

NEWSPAPER - TRIBUNE
 DAY & DATE - WEDNESDAY, 08/11/2017
 PAGE No. - 02 OF LOCAL NEWS

for Award
 06/12/17

(M Mahowary)
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 Jalandhar Cantt

Students urged to join army



Students of Army Nursing College attend a seminar in Jalandhar on Friday. TRIBUNE PHOTO

TRIBUNE NEWS SERVICE

JALANDHAR, NOVEMBER 17
Army College of Nursing (ACN), Jalandhar Cantt, organised a lecture to motivate students of the college to join defence services. The lecture was conducted by Capt Neha Sharma and Flight Lt Gurpreet Kaur Nijjar, alumni of the college. Both the speakers, while interacting with students shared their experiences, challenges faced by them and career opportunities in defence services.

The ACN was established

in 2005 under the aegis of Army Welfare Education Society (AWES), New Delhi, which is running 11 professional colleges, 137 Army Public Schools and 248 Army Pre Primary Schools across the country.

The college imparts BSc (Nursing) degree course to the female wards of serving/retired army personnel. The annual intake of the college is 60 seats.

Col Daljit Kumar (Retired), Registrar, Army College of Nursing, Jalandhar Cantt, said coaching classes for preparing stu-

dents to join defence services as officers were also being conducted.

Besides academics, the college has excelled in co-curricular and sports activities at the state and university level. Recently, in XXVII TNAI Biennial Punjab State Conference held on October 27 at Sardar Karlar Singh Saraba College of Nursing, Ludhiana, between 40 nursing colleges of the state, the ACN won the second prize in on-the-spot painting, third prize in poster making and debate competitions.

NEWSPAPER : - TRIBUNE
DAY & DATE : - 18/11/2017, SATURDAY
PAGE NO. : - C2 (Cf2 local)

Dandi
06/12/17

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Cantonments under Vajra Corps celebrate International Day of Yoga

45 mins ago 2 Views



Ferozepur, June 21, 2018: Thousands of army personnel and their families participated in the Yoga sessions organized in various military cantonments on the occasion of 4th International Day of Yoga.

In Jalandhar the Vajra Corps organised a Yoga Shivar at Jalandhar Garrison attended by Officers, JCOs and other ranks and families of the station. The event was conducted with a set of Pranayamas and meditation techniques with soothing music in the background.

Army College of Nursing, Jalandhar Cantt (ACN) also celebrated International Day of Yoga. All the students, faculty and staff enthusiastically participated in the yoga activities.

In Ludhiana, The International Yoga Foundation and qualified army instructors conducted an hour-long yoga session at Dholewal Military Complex. Over one thousand army personnel and their families participated in the customized yoga session which was followed by a cycling session of women and children.

In Ferozepur Cantt about 3000 army personnel with their families participated in the hour-long yoga session organized at Capt Sunder Singh stadium under the aegis of Golden Arrow Division. Maj General JS Sandhu General Officer Commanding urged the participants to spread awareness about the benefits of Yoga. The Ferozepur Cantt Board also organized Yoga events for ex-servicemen and NCC cadets. Trained yoga instructors guided the participants through the yoga asanas.

Dr (Mrs) Baljit Kaur, Principal and Col Daljit Kumar (Retd), Registrar, unveiled the theme of International Yoga Day 2018. Thereafter, Dr (Mrs) Baljit Kaur, Principal, Army College of Nursing, Jalandhar Cantt administered the pledge to students to make Yoga an integral part of their daily life.

In Uttar Pradesh, Maj General Atulya Solanky General Officer Commanding was the chief guest at yoga event organized by Pine Division at Meerut Cantt.

Yoga sessions were also organized at Kasauli, Dagshai, Jutogh cantonments and Solan military station in Himachal Pradesh. Military men and their families participated in the yoga sessions in large numbers.

Prasanna

(M Maheswary)
Principal
Army College of Nursing
Jalandhar Cantt

22/06/2018

Friday

फ्रंट पेज

सब पर नज़र, सबकी खबर

प्रिय पाठकों,
अगर आप लिखने के प्रौढ़ हैं
हैं और कविता या लेख छपवाना
चाहते हैं तो हमें भेज सकते हैं।

frontpage448@gmail.com

(M) 99143-81806

आर्मी नर्सिंग कॉलेज में योगा डे मनाया गया



जालंधर (जोशी) आर्मी
नर्सिंग कॉलेज, जालंधर
में योगा डे मनाया गया
जिसमें सभी विद्यार्थियों तथा

अध्यापकों ने मिलकर हिस्सा
लिया. इस खास मौके पर
योगा के महत्व के बारे में भी
जानकारी दी गई जिससे हम

अपने शरीर को स्वस्थ रख
सकते हैं

(M Maheswary)

Principal
Army College of Nursing
Jalandhar Cantt

Painting, debate contests on War

TRIBUNE NEWS SERVICE

JALANDHAR, JULY 26

The year 2019 marks the 20th anniversary of 'Operation Vijay', also known as the Kargil war, wherein brave soldiers of the Indian Army made sacrifices to overcome seemingly insurmountable odds, hostile terrain, extreme weather conditions and defeated the enemy occupying the dominating heights.

To commemorate the occasion, ceremonies to include wreath laying at war memorials and interactions with veteran and youth were organised at Vajra Corps at Jalandhar Cantonment.



Lt Gen Arvind Dutta, General Officer Commanding Vajra Corps, interacts with NCC students at the Jalandhar Cantonment. TRIBUNE PHOTO

Besides, there were commemoration activities organised at various Army schools in military stations/cantonments that included patriotic song, painting and debate

competitions on the Kargil Vijay Diwas theme.

Screening of motivational Kargil war movies were also organised at all locations.

On this occasion, the Vajra

Corps is celebrating this victory in memory of the Indian Army martyrs with events covering a myriad spectrum with the theme 'Remember, Rejoice and Renew'.

NEWS PAPER :- TRIBUNE
DAY & DATE :- SATURDAY, 27/07/2019
PAGE NO. :- 02

Arshita
27/7/19

(M Maheswary)
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Army College of Nursing
Jalandhar Cantt

आर्मी कालेज आफ नर्सिंग में वर्ल्ड हार्ट डे पर मैराथान आयोजित



जालंधर (फ्रंट पेज टीम)
आर्मी कालेज आफ नर्सिंग की
ओर से रविवार को को विश्व हृदय
दिन के उपलक्ष में एक मैराथन
रेस का आयोजन किया गया।
मैराथन सुबह कालेज प्रवेश से शुरू
हुई और साढ़े सात बजे समाप्त हुई।

इसमें सैकड़ों बच्चों ने हिस्सा लिया।
रेस का शुभारंभ ने संयुक्त रूप
से तैयारी दिखाकर किया गया।
मैराथन दौड़ की समाप्ति के बाद
अस्पताल परिसर में सम्मान
समाग्री आयोजित किया गया।
इसमें मुख्य अतिथि ने रेस के

विजेताओं को पुरस्कार वितरित
किये गए। इसके साथ ही मैराथन
में भाग लेने वाले सभी लोगों को
प्रमाण पत्र दिए गए। समारोह के
दौरान अस्पताल का सम्पूर्ण
प्रबंधन, डॉक्टर्स और सम्पूर्ण स्टाफ
मौजूद रहा।

NEWS PAPER :- FRONT PAGE

DAY & DATE :- 30/9/2019 - 06/9/2019

PAGE NO. :- 3

(M Maheswary)
Principal
Army College of Nursing
Jalandhar Cantt



ਉਦਘਾਟਨ ਕਰਨ ਮੌਕੇ ਸ਼ੁੱਧ ਮਹਿਮਾਨ ਬ੍ਰਿਗੇਡੀਅਰ ਅਤੁਲ ਕੋਤਵਾਲ ਤੇ ਕਾਲਜ ਦੀਆਂ ਵਿਦਿਆਰਥਣਾਂ।

ਆਰਮੀ ਨਰਸਿੰਗ ਕਾਲਜ 'ਚ ਮਨਾਇਆ ਹਾਰਟ ਡੇਅ

ਗੁਰਪ੍ਰੀਤ ਸਿੰਘ ਬਾਹੀਆ, ਜਲੰਧਰ
ਛਾਉਣੀ

ਜਾਗਰੂਕਤਾ

ਆਰਮੀ ਨਰਸਿੰਗ ਕਾਲਜ ਜਲੰਧਰ ਛਾਉਣੀ 'ਚ ਹਾਰਟ ਡੇਅ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਕਾਲਜ ਦੀਆਂ ਵਿਦਿਆਰਥਣਾਂ ਨੇ 5 ਕਿਲੋਮੀਟਰ ਮੈਰਾਥਨ ਦੌਰ 'ਚ ਭਾਗ ਲਿਆ। ਇਸ ਮੌਕੇ ਬ੍ਰਿਗੇਡੀਅਰ ਅਤੁਲ ਕੋਤਵਾਲ ਨੇ ਸ਼ੁੱਧ ਮਹਿਮਾਨ ਵਜੋਂ ਪਹੁੰਚੇ। ਕਾਲਜ ਦੀਆਂ ਵਿਦਿਆਰਥਣਾਂ ਵੱਲੋਂ ਮਿਲਟਰੀ ਹਸਪਤਾਲ ਦੇ ਬਾਗ ਤੇ ਮਾਲ ਰੋਡ ਤੇ ਬੀਪੀ ਚੈਕਅਪ ਤੇ ਹਾਰਟ ਨਾਲ ਸਬੰਧਤ ਬਿਮਾਰੀਆਂ ਸਬੰਧੀ ਜਾਂਚ ਕੈਂਪ ਲਗਾਏ ਗਏ।

ਇਸ ਮੌਕੇ ਸ਼ੁੱਧ ਮਹਿਮਾਨ ਬ੍ਰਿਗੇਡੀਅਰ ਅਤੁਲ ਕੋਤਵਾਲ ਨੇ ਵਿਦਿਆਰਥਣਾਂ

- ਬਿਮਾਰੀਆਂ ਸਬੰਧੀ ਜਾਂਚ ਕੈਂਪ ਲਗਾਏ ਗਏ
- ਬ੍ਰਿਗੇਡੀਅਰ ਅਤੁਲ ਕੋਤਵਾਲ ਸ਼ੁੱਧ ਮਹਿਮਾਨ ਵਜੋਂ ਪਹੁੰਚੇ

ਨੂੰ ਪ੍ਰਸ਼ਾਸਨ ਪੱਤਰ ਤਕਰੀਮ ਕੀਤੇ। ਇਸ ਮੌਕੇ ਉਨ੍ਹਾਂ ਕਿਹਾ ਕਿ ਹਰ ਸਾਲ ਦੀ ਤਰ੍ਹਾਂ ਆਰਮੀ ਕਾਲਜ ਵਿਖੇ ਹਾਰਟ ਡੇਅ ਮਨਾਇਆ ਗਿਆ। ਇਸ ਮੌਕੇ ਬ੍ਰਿਗੇਡੀਅਰ ਅਵਿਨਾਸ ਦਾਸ ਕਮਾਂਡਰ ਮਿਲਟਰੀ ਹਸਪਤਾਲ ਜਲੰਧਰ ਛਾਉਣੀ, ਕਾਲਜ ਦੇ ਰਜਿਸਟਰਾਰ ਗਿਟਾ ਕਰਨਲ ਕੋਹਲੀਸ ਰਹੂਰਾ ਅਤੇ ਕਾਲਜ ਦਾ ਸਕੂਲ ਸਟਾਫ਼ ਹਾਜ਼ਰ ਸੀ।

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आर्मी कालेज ऑफ नर्सिंग में संक्रमण नियंत्रण पर सम्मेलन आयोजित

जालंधर, 22 अक्टूबर (कमलेश): आर्मी कालेज ऑफ नर्सिंग द्वारा आज संक्रमण नियंत्रण और टीका सुरक्षा में हालिया प्रगति के विषय पर राष्ट्रीय सम्मेलन कालेज के अशोक हाल में आयोजित किया गया।

सम्मेलन में लेफ्टिनेंट जनरल अरविंद दत्ता, जनरल ऑफिस कमान्डिंग, पञ्जब और मुख्य मेहमान और अतिथि विशिष्ट अतिथि थीं। इस कार्यक्रम में सेना के वरिष्ठ अधिकारियों और पंजाब, जम्मू, हरियाणा और हिमाचल प्रदेश के प्रतिष्ठित नर्सिंग संस्थानों और अस्पतालों के प्रतिनिधियों ने भाग लिया। आर्मी कालेज ऑफ नर्सिंग



कार्यक्रम के दौरान आर्मी अधिकारी व नर्सिंग कालेज का स्टाफ। (कमलेश)

की स्थापना सैन्य अस्पताल, जालंधर कैम्प में अगस्त 2005 में की गई थी और वर्तमान में 223 छात्राध्यक्ष कालेज में शिक्षा हासिल कर रही हैं।

लेफ्टिनेंट जनरल अरविंद दत्ता ने नर्सिंग को एक महान पेरी के तौर पर रेखांकित किया और छात्रों को

जड़ी मेहनत करने को प्रोत्साहित किया। उन्होंने संक्रमण से बचाव और टीकाकरण से संबंधित विभिन्न पहलुओं पर भी रोशनी डाली। अंत में पोस्टर प्रतियोगिता, पेपर प्रस्तुति और प्रदर्शनी प्रतिनिधियों के लिए आभार का केंद्र बना था।

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