




Mrs M Maheswary
B.Sc (Hons) Nursing, M.Sc (Nursing)
Principal
Tele (Mil): 6876, Civ-0181-2266167
Mobile : 82838-24167, 91110-06269

Army College of Nursing
Deep Nagar,
Jalandhar Cantt
Pin-144005

AWARD LIST OF TEACHERS

Year	Name of Teachers	Designation	Name of Conference	Activity	Award
2017-2018	Ms Mandeep Kaur	Clinical Instructor	National Conference Ethical Issue in Everyday Nursing	Poster Presentation	First Position
	Mrs Varinder Pal Kaur	Assistant Professor			Second Position
	Ms. Gagan Sharma	Assistant Professor			Third Position
2018-2019	Ms. Bandna	Clinical Instructor	XXVII TNAI Biennial Punjab State Conference	Research Poster Presentation	Second Position
	Mrs Varinder Pal Kaur	Assistant Professor			Participation
	Mrs Baljeet Kaur	Assistant Professor			Participation
	Ms. Gagan Sharma	Assistant Professor			Participation
2019-2020	Mrs. Khushnasib	Assistant Professor	National Conference : Recent Advancement in Infection Control	Research Paper Presentation	Second
	Prof. M. Maheswary	Principal			Participation


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List of Lecture/ Seminar/Conferences/Journal Presentation

Year	Name of Topic	Date of Topic	SEMINAR/Journal Prestation
2015-2016	Drugs used in CAD	30/01/2016	Seminar
	Birth Injury	27/2/16	Seminar
	CSF analysis	26/3/16	Seminar
	Anaphylaxis	30/4/16	Seminar
	Stress Management	14/5/16	Seminar
	Pulmonary tuberculosis	18/5/16	Clinical Seminar
	Abortion	30/6/16	Seminar
	Emergency Drug	30/7/16	Seminar
	ARDS	17/8/16	Clinical Seminar
	Usher Syndrome	27/8/16	Seminar
	National Rural Health Mission	24/9/16	Seminar
2016-2017	ACLS	15/10/16	Seminar
	Angina Pectoris	29/10/16	Seminar
	Low Birth Weight Baby	19/11/16	Seminar
	Whooping cough	3/12/16	Seminar
	Recent Advancement in Obstetric	17/12/16	Seminar
	Colostomy care	22/5/2017	Clinical Seminar
	Code of ethics in Nursing	19/5/17	Seminar
	Corneal ulcer	10/6/17	Clinical Seminar
	Sepsis in NICU	17/6/17	Clinical Seminar
	HAI and infection control measures	24/6/2017	Clinical Seminar
	Prosthesis failure	1/7/17	Clinical Seminar
	Sensorial Neural Hearing Loss	8/7/17	Clinical Seminar
	Spinal Cord Injury & Management	22/7/17	Clinical Seminar
	Anesthesia	29/7/17	Clinical Seminar
	Head injury, Coma & blood transfusion	5/8/2017	Clinical Seminar
2017-2018	PPH	7/10/17	Clinical Seminar
	Care of Ventilator Patient	16/10/17	Clinical Seminar
	Vascular hypertension	27/1/18	Case study
	Computer vision Syndrome	10/2/18	Clinical Seminar
2017-2018	Surgical Emergency at a glance	23/3/18	Clinical Seminar



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	Hot application on Dysmenorrheal	5/4/18	Journal Presentation
	Substance abuse and its ill effect	19/4/18	Journal Presentation
	Research Methodology	20/4/18	seminar
	Cocoa effect on BP	1/5/18	Journal Presentation
	Aromatherapy and quality of sleep	24/5/18	Journal Presentation
	Steam inhalation with tulsi leaves and URTI	30/5/18	Journal Presentation
	Behavioral problem and school children	11/6/18	Journal Presentation
	Obesity and life style modification	27/6/18	Journal Presentation
	Dialysis	6/7/18	seminar
	Acupressure and Pain during menstrual	18/7/18	Journal Presentation
	Janani Surksha Yojna among Mothers	26/7/18	Journal Presentation
	Hepatitis C and adult	9/8/18	Journal Presentation
2018-2019	Cyber knife system	25/9/18	Journal Presentation
	Airway management	5/10/18	Seminar
	Behavioral problem and anganbadi	9/10/18	Journal Presentation
	Adolescent adjustment problems	16/10/18	Journal Presentation
	Gestational Pathology	9/11/18	Seminar
	Steam inhalation with tulsi leaves and URTI	30/5/18	Journal Presentation
	Airway management	5/10/18	Seminar
	Preventive measure of anemia	26/11/18	Journal Presentation
	Health hazard of using mobile	1/1/19	Journal Presentation
	Satisfaction of nursing care	30/1/19	Journal Presentation
	Junk food and health hazard	14/2/19	Journal Presentation
	Suicide	20/2/19	seminar


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	Vit A and school children	6/3/19	Journal Presentation
	Stress and job satisfaction	1/5/19	Journal Presentation
	Behavior problem and children	6/6/19	Journal Presentation
	Selfie taking problem	2/7/19	Journal Presentation
2019-2020	KMC	22/11/19	Seminar
	HIV prevalence	30/11/19	Journal Presentation
	Nsg mgt in neonatal emergency	14/12/19	Seminar
	Mental health in youth	17/1/20	Journal Presentation
	OSCE	25/1/20	Seminar
	Intellectual Problem In Children	10/2/20	Seminar
	Sexual reproductive health	13/2/20	Seminar
	Covid -19	26/3/20	Seminar
	Patient Safety in critical care	4/4/20	Seminar
	Diet and anemia	11/4/20	Journal Presentation


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LIST OF UG RESEARCH TOPIC

YEAR	TOPICS	STUDENTS	GUIDE	CO-GUIDE
2015-2016	A Pre-Experimental Study To Access The Effectiveness of Structured Teaching Programme on Knowledge Regarding Malnutrition Among Subjects (30-60 years) In Selected Urban Community of Jalandhar, Punjab 2014-2015	Manisha & Group	Ms. Manveer Kaur	
	A Pre-Experimental Study To Access The Knowledge Regarding Venous Blood Specimen Collection Among Student Nurses Studying at Army College of Nursing Jalandhar Cantt. Punjab 2016.	Bishali & Group	Mrs. Rupinder Kaur	
	A Pre-Experimental Study To Access The Knowledge/Effectiveness of Structured Teaching Programme Regarding Knowledge & Prevention of Bed Sore Among B.Sc.(Nsg.) 1st Year Students of Army College of Nursing Jalandhar Cantt.	Neha & Group	Ms. Neeraj Joshi	
	A Descriptive Study to Access The Knowledge Regarding Behaviour Problems In Children Among School Teachers of Selected Schools of Jalandhar Cantt.	Richa & Group	Mrs. Varinderpal Kaur	
	A Pre-Experimental Study To Access The Effectiveness of a Structured Teaching Programme on Knowledge Regarding Breast Self Examination Among Adolescent Girl of Selected School, Jalandhar Cantt. Punjab India 2015-2016	Ashima & Group	Mrs. Baljeet Kaur	

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	A Comparative Study To Access The Knowledge of Mother of Under Five Children Regarding The Seven Killer Diseases in The Rural and Urban Areas, Jalandhar Cantt, Punjab 2016-17	Arushi & Group	Ms. Varinderpal Kaur	Ms. Khushnasib
	A Descriptive Study to Access The Prevalence of Depression Among General Population of Selected Rural Community Area Jalandhar, Punjab 2016-17	Ms. Parvati & Group	Shailza Sharma	Ms. Bandhu Sharma
	A Pre-Experimental Study To Determine The Effectiveness of Structured Teaching Program On Knowledge Regarding Prevention of Catheter Associated Urinary Tract Infection Among The Students of Selected Nursing Colleges in Jalandhar, Punjab 2016-17	Ms. Jigyasha Sharma	Dr.(Mrs.) Baljit Kaur	Ms. Manju Punia
	A Descriptive Study To Assess The Knowledge Of Antenatal Mothers Regarding The Self Management of Minor Ailments During Pregnancy in Selected Hospital of Jalandhar, Punjab 2016-17	Ms. Manjinder Kaur	Mrs. Baljeet Kaur	
	A Descriptive Study To Assess The Knowledge Of Mothers Regarding Neonatal Jaundice And Care Under Phototherapy in Selected Hospitals of District Jalandhar, Punjab 2016-17	Ms. Ramandeep Kaur & Group	Mrs. Jaspreet Kaur	Mrs. Bandna Sharma
2017-2018	A Descriptive Study To Assess The prevalence of dysmenorrhoea and its impact on activities of daily living among the nursing students of army college of	group-1	Mrs. Baljeet Kaur	Ms. Amanjeet Kaur

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	nursing ,jalandhar cantt , (Punjab) india 2017-18			
2017-2018	A Study To Access The Effectiveness of Structured Teaching Programmeregarding vitamin -A requirements, sources , deficiency and it's prophylaxis among mothers of under 5 year children in Sofi pind, Jalandhar, Punjab	group-2	Mrs. Varinderpal Kaur	Ms. Harpreet Kaur
	A Descriptive Study to Access The adustment problem among B.Sc. Nursing student of Selected nursing college, Jalandhar, Punjab 2017-18	group-3	Mrs. Shaliza Sharma	Ms. Riya
	An exploratory study to access dietary habits and correlate with B.M.I. in teenagers of selected schools, jalandhar,punjab-2017-18	group-4	Mrs. Khushnasib Devgan	Ms. Mandeep Kaur
	A study to access the knowledge regarding weaning practices of mothers attending pediatric OPD & immunization clinics in selected Hospital of Jalandhar, Punjab 2017-18	group-5	Mrs. Bandna Kumari	Ms. Jasmeet Kaur
	A quasi experimental study to evaluate the effectiveness of laughter therapy and music therapy on the level of stress among nursing students studying in army college of nursing jalandhar cantt,punjab 2017-18	group-6	Dr.(Mrs.) Baljit Kaur	Ms. Gagan Sharma Mrs. Manju Punia
2018-2019	A study to assess the effectiveness of structured teaching programme regarding vitamin-A requirements, sources, deficiency and it's prophylaxis among mothers of under five year children in sofi pind, jalandhar, punjab	Ms bandana & group	Mrs. Varinderpal kaur	Mrs. Harpreet kaur

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2018-2019	An exploratory study to assess the dietary habits and coorelate with B.M.I. teenagers of selected schools in jalandhar punjab, 2017-2018	kajal kumari & group	Mrs. Khushnasib Devgan	Ms. Mandeep Kaur
	A descriptive study to assess the adjustment problem among B.Sc, Nursing students of selected nursing college, jalandhar, punjab- 2017-18	Ms. Anjaly & group	Mrs. Shaliza Sharma	Ms. Riya
	A descriptive study to assess the knowledge and practice regarding BLS guidelines among nursing assistants of military hospital jalandhar cantt, punjab, 2019	Ms. Parmila & group	Ms. Gagan Sharma	Ms. Victoria
	A comparative study to assess the knowledge , attitude and practice regarding Osteoporosis among post menopausal women of selected rural & urban community areas, jalandhar, punjab 2019	Ms. Aradhana & group	Mrs. Khushnasib	Ms. Eliza
	A descriptive study to assess the knowledge regarding ill effects of smoking addescents of selected school, jalandhar cantt, punjab 2018-19	Ms. Amandeep & group	Ms. Neeta Thakur	Ms. Riya
	A descriptive study to assess the level of anxiety regarding labour among primigrauida and multigrauida women admitted in labour room , military hospital, jalandhar cantt, punjab 2018-19	Ms. Asha & group	Mrs. Baljit Kaur	Mrs. Harpreet kaur
	A descriptive study to access the developmental milestones of children 1-5 years of age in selected community areas of jalandhar cantt, punjab, 2018-19	Ms. Hema & group	Ms. Jyotika s. Kumar	Ms. Rashmi Sharma
	An exploratory study to assess	Ms. Aneeta	Mrs.	Ms. Apsara Kalsi

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	the knowledge regarding malaria among the students of selected schools of jalandhar Punjab with the view to develop self instructional module		Varinderpal Kaur	
2019-2020	A descriptive study to assess the knowledge regarding essential newborn care among the nursing students of selected colleges in jalandhar, punjab with a view to develop self- instruction module 2019-2020	Ms. Shikha	Mrs. Maheswary	
	A pre-experimental study to assess effectiveness of planned teaching program regarding knowledge on post-operative breathing exercises among nursing students of selected college. Jalandhar. Punjab-2019-2020	Ms. Amita & group	Mrs. Khushnasib	
	A descriptive study to assess the knowledge and attitude regarding nomophobia among nursing students in jalandhar ,punjab 2019-20	Ms. Annu & group	Mrs. Charlotte ranadive	
	A descriptive study to assess the knowledge regarding episiotomy care among nursing students of selected colleges in jalandhar ,punjab with a view to develop self instructional moduls in the year 2019-20	Ms. Gunjan & group	Mrs. Baljeet kaur	
	A descriptive study to assess the knowledge regarding pre-menstrual syndrome among addescent girls in selected community areas of india with the view to develop self instructional module in the year 2019-2020	Ms. Anu	Mrs. Varinderpal Kaur	

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FUND FOR CONFERENCE PARTICIPATION

YEAR	Name of Teacher	Name of conference	Fund given by College
2019- 20	Ms. Neeta Thakur Ms. Jyotika	1 st National Annual Conference PNNFICON- 2019	7460/-
	Mrs. Charlotte Ranadive	National Workshop on Childhood Behavioral and intellectual problem Chitkara University 2020	2310/-
	Ms Harpreet Ms Riya Ms Victoria	Fostering excellence and patient safety in acute and critical care PGIMER 2020	5,650/-
2018- 19	Mr. Sagar K Ms. Riya Sharma	International workshop & conference on mental well being- A State of mental health, its relation with Education & society	4430/-
	Ms Varinder Pal Kaur Ms Baljeet Kaur Ms. Gagan Sharma Ms Bandna Ms Neeta Ms Jyotika	XVII TNAI biennial 76 th Punjab state conference LLRINE, Jalandhar 2018	900
2017-18	MS Eliza Ms Apsra	Futuristic Nursing: global perspective Ratan Professional Education College of Nursing 2018	2,680/-
	Dr Baljit Kaur Ms Baljeet Kaur Ms Gagan Sharma Ms Bandna Ms Jasmeet Ms Apsra Ms Victoria Ms Maninder Ms Rashmi Ms Yadwinder	Disaster and Trauma management Update MH,JRC 2018	5000
	Ms Gagan Sharma Ms Victoria	Critical care Nursing Update DMCH,CON Malakpur 2018	1740
	Ms Shailza Ms Mandeep	Support for care giver and person with mental illness innovative approach, GMCH Chandigarh 2017	5600/-
	Ms Khushnasib Ms Manju	Uterus and Breast Cancer Chitkara university 2017	3050/-

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2016- 2017	Ms Baljeet Kaur Ms Bandu	Health environment and Healthy Heart SGERD university 2017	3050/-
	Ms Navrinder	Open sources software, plagiarism DAV university Jalandhar 2017	765/-
	Ms VArinder Pal Kaur Ms Maninder Kaur	Code of Ethics for Nursing, CKD college of Nursing Amritsar, 2017	2430/-
	Ms Varinder pal Kaur	Work shop on BLS Inscol	3270/-
	Ms Manjit Kaur	Workshop on BLS INscol	3340/-


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