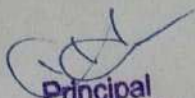


WASTE DISPOSAL VEHICLE NUMBER




Principal
Army College of Nursing
Jalandhar Cantt

RECOGNISED **SES REC**

(SOCIAL ENTREPRENEURSHIP, SWACHHTA & RURAL ENGAGEMENT CELL)

ACTION PLAN INSTITUTION

Ministry of Education, Government of India

1.	Name of Institution	ARMY COLLEGE OF NURSING
2.	Address of the Institution	DEEP NAGAR, JALANDHAR CANTT
3.	University Affiliated to	BABA FARID UNIVERSITY OF HEALTH SCIENCES FARIDKOT
4.	District & State	JALANDHAR, PUNJAB
5.	Name of Principal/Hol (Convenor of SES REC)	M MAHESWARY
6.	Contact Number (WhatsApp Number)	9111006269
7.	E Mail ID	acn_mh@yahoo.co.in

Proposed Activities Post COVID 19

#	AREA	IDEAS/SUGGESTED ACTIVITIES FOR THE TEAM; PLEASE MODIFY AS PER LOCAL NEED	COMMITTEE HEAD (FACULTY) NAME, CONTACT NUMBER, EMAIL
1.	SANITATION AND HYGIENE (CAMPUS)	<ul style="list-style-type: none"> ● Post COVID19 Sanitation Measures and Drill ● Clean and functional toilets (365x24) ● Safe drinking water (365 x24) ● Clean surroundings ● Clean buildings/rooms ● Campus Landscaping ● Zero Littering 	Ex Sub/Maj Bhupinder Singh Mobile No : 8511168104 E Mail : bs642921@gmail.com
2.	SANITATION & HYGIENE (COMMUNITY/A DOPTED VILLAGES – To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Organize awareness programmes for better sanitation practices like using the toilet, hand washing, health and hygiene awareness and garbage disposal ● Work with SHGs for mask making and other similar activities ● Perform Nukkad Natak/sor street plays around Swachhta and Covid 19 ● Conduct surveys and door-to-door meetings to drive behavioral change with respect to sanitation behaviour ● Participate in Monitoring committees is to stop open defecation in villages ● Prepare Information Education Communication Material(IEC) or wall paintings to promote Swachhta Activities ● Helping village panchayat for setting up RO plants in villages for safe and clean drinking water ● Helping PHC for Setting up telemedicine and mobile health care centres ● Support Asha workers with innovative tools to ease their work ● Partner with local NGOs and CSR organizations in this field 	Mrs Varinder Pal Kaur Mobile No : 9878607107 E Mail : devvindu2005@gmail.com

Principal
Army College of Nursing
Jalandhar Cantt

#	AREA	IDEAS/SUGGESTED ACTIVITIES FOR THE TEAM; PLEASE MODIFY AS PER LOCAL NEED	COMMITTEE HEAD (FACULTY) NAME, CONTACT NUMBER, EMAIL
3.	WASTE MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Campus/Dept wise waste audit ✓ ● Campus/Dept waste segregation ✓ ● Reduction in waste, month-on-month ✓ ● Recycling waste (paper, organic waste from canteens and kitchens) ✓ ● Set up compost pit for recycling waste ● Ban plastic use in the campus ✓ ● Banflexi banners (Only cloth banners to be used) ✓ ● Paperless work – use of email, WhatsApp for communication – office 	Ex Nb/Sub Sargeet Singh Mobile No : 9779846826 E-Mail : robin60thakur@gmail.com
4.	WASTE MANAGEMENT (COMMUNITY/A DOPTED VILLAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Village households' & public offices' waste audit ● Village households' & public offices' waste segregation ● Village households' & public offices' waste recycling mechanisms to be set up ● Increase awareness on Recycling Farm waste ● Setting up community compost pits in villages ● Awareness camps for Clean and Green Village (Zero Littering – IEC Material) including banning single-use plastic ● Installing bio-gas plants 	Mrs Apsra Kalsi Mobile No : 9888223211 E-Mail : apsrakalsi@gmail.com
5.	WATER MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Audit of water sources in the campus ✓ ● Audit of monthly water use in the campus ✓ ● Audit of drinking water on campus (bottled water) ✓ ● Constructing/Increasing no. of Rain Water Harvesting pits in the campus ✓ ● Fixing leaky taps ✓ ● Recycling water (grey, brown and black) ✓ ● Activities for recharging dry borewells ✓ 	Ex Sub/Maj Bhupinder Singh Mobile No : 8511168104 E-Mail : bs642921@gmail.com
6.	WATER MANAGEMENT (COMMUNITY/A DOPTED VILLAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Audit of water sources in the village ● Audit of drinking water in the village ● Setting up soak pits ● IEC and flow chart for fixing leaky taps ● Recycling water (grey, brown and black) ● Activities for recharging dry borewells ● Constructing check dams ● Converting villages into water surplus areas 	Ms Eliza Mobile No : 8054783795 E-Mail : elizawilliams528@gmail.com

Principal
Army College of Nursing
Jalandhar Cantt

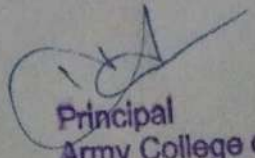
#	AREA	IDEAS/SUGGESTED ACTIVITIES FOR THE TEAM; PLEASE MODIFY AS PER LOCAL NEED	COMMITTEE HEAD (FACULTY) NAME, CONTACT NUMBER, EMAIL
7.	ENERGY MANAGEMENT (CAMPUS)	<ul style="list-style-type: none"> ● Audit of energy efficient heating, cooling, lighting and water systems in the campus ✓ ● Audit of building wise monthly use of electricity ✓ ● Incentivize reduced electricity usage by depts/buildings — ① ● Create short-term and long-term plan for the use of solar energy on the campus <i>being process</i> ● Cycles on the campus (reducing carbon footprints) ● Reducing carbon footprints via intelligent Purchase Standard Operating Procedures(SOPs) — ② ● Partner with local NGOs and CSR organizations in this field — ② 	Ex Nb/Sub Surjeet Singh Mobile No : 9779846826 E Mail : robin60thakur@gmail.com
8.	ENERGY MANAGEMENT (COMMUNITY/A DOPTED VILAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Creating Sustainable Rural Energy Plans ● Survey of CFL/ LED lamps, electric fan regulator and electronic ballast for tube light to conserve electricity ● Mechanical washing machines to empower women ● Awareness camps on energy efficient electrical appliances ● Partner with local NGOs and CSR organizations in this field ● IEC about benefits of related government Programmes 	Mrs Varinder Pal Kaur Mobile No : 9878607107 E Mail : devvindu2005@gmail.com
9.	GREENERY (CAMPUS)	<ul style="list-style-type: none"> ● Setting up a nursery/kitchen garden ✓ ● Setting up a seed bank ✓ ● Setting up a compost pit — ② ● Researching trees that take up minimal water and are good for the ecosystem (local, resilient species) and planting them during monsoon and taking care of them (Vanamahotsav) ✓ ● Landscaping in the campus ✓ ● Use of organic manure for the plants ✓ ● New buildings on the campus will follow green building norms — ① 	Ex Nb/Sub Surjeet Singh Mobile No : 9779846826 E Mail : robin60thakur@gmail.com
10.	GREENERY (COMMUNITY/A DOPTED VILAGES - To Promote Rural Social Entrepreneurship and Community Engagement)	<ul style="list-style-type: none"> ● Spreading awareness on Village Greenery Programme ● Eco friendly agricultural practices ● Smokeless Stoves ● Village landscaping ● Documenting indigenous knowledge ● Partner with local NGOs and CSR organizations in this field ● Lok Vidya 	Mrs Apsra Kalsi Mobile No : 9888223211 E-Mail : apsrakalsi@gmail.com

Principal
Army College of Nursing
Jalandhar Cantt

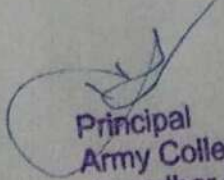
We will observe a minimum of three of the following Environment, Entrepreneurship & Community Engagement Related Days to inculcate and internalize in our faculty, students and community, the values of Mentoring, Social Responsibility, Swachhta and Care for Environment and Resources (tick any three)

#	Day	Date	
1.	National Youth Day	Jan 12	Yes
2.	International Mentoring Day	Jan 17	—
3.	Global Community Engagement Day	Jan 28	—
4.	World Wetlands Day	Feb 2	—
5.	World CSR Day	Feb 18	—
6.	World NGO Day	Feb 27	—
7.	World Water Day	Mar 22	Yes
8.	CSR Day India	Apr 1	—
9.	Earth Day	April 22	Yes
10.	World Environment Day	June 5	Yes
11.	No Plastic Day	July 3	—
12.	World Population Day	July 11	—
13.	World Entrepreneurs Day	Aug 21	—
14.	World Habitat Day	1 st Monday of October	—
15.	National Mentoring Day	Oct 27	—
16.	Women's Entrepreneurship Day	Nov 19	Yes
17.	World Toilet Day	Nov 19	—
18.	National Pollution Control Day	Dec 2	—
19.	World Soil Day	Dec 5	—

Date: 26 Aug 2020


Principal
Army College of Nursing
Jalandhar Cantt

Digital Signature of Principal (Convenor of SES
REC Institution) with Digital Institutional Seal


Principal
Army College of Nursing
Jalandhar Cantt