

ARMY COLLEGE OF NURSING  
DEEP NAGAR, JALANDHAR CANTT

SNA ACTIVITIES

(SESSION - 2015-16)

DATE	DAYS	ACTIVITIES
1 <sup>st</sup> -7 <sup>th</sup> Sep 2015	National Nutritional Week	Diet Preparation Competition
5 <sup>th</sup> Sep 2015	Teacher's day	Cultural Programmes
21 <sup>st</sup> Sep 2015	World Alzheimer's Day	Poster competition
10 <sup>th</sup> Oct 2015	Mental Health Day	Poster competition, Role Play
11 <sup>th</sup> Nov 2015	National Education Day	Slogan writing, poetry recitation, debate
15 <sup>th</sup> Nov 2015	World Diabetes Day	Health Education
1 <sup>st</sup> Dec 2015	International AIDS day	Workshop
8 <sup>th</sup> Dec 2015	National Day for Mentally Retarded	Health Education
30 <sup>th</sup> Jan 2016	Anti leprosy Day	Seminar
8 <sup>th</sup> Mar 2016	International Women's Day	Beauty Competitions ,Rangoli
9 <sup>th</sup> Mar 2016	World Kidney Day	Quiz competition
7 <sup>th</sup> April 2016	World Health Day	Poster Exhibition, Role Play
12 <sup>th</sup> -18 <sup>th</sup> May 2016	International Nurses Week	Role Play, Poster Making, Quiz Competition
5 <sup>th</sup> June 2016	World Environment Day	Best out of waste, Tree Plantation
1 <sup>st</sup> -7 <sup>th</sup> August 2016	World Breastfeeding week	Heath Talks in wards and Seminar

SIGNATURE OF SNA ADVISOR

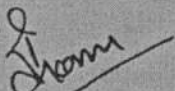
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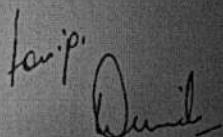
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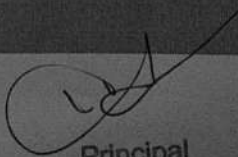
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**ARMY COLLEGE OF NURSING**  
**DEEP NAGAR, JALANDHAR CANTT**  
**SNA ACTIVITIES 2016-2017**

DATE	DAYS	ACTIVITIES
1 <sup>st</sup> - 7 <sup>th</sup> Sep 2016	National Nutritional Week	Diet Preparation Competition
5 <sup>th</sup> Sep 2016	Teacher's day	Cultural Programmes
21 <sup>st</sup> Sep 2016	World Alzheimer's Day	Poster Competition
10 <sup>th</sup> Oct 2016	Mental Health Day	Poster competition, Role Play
11 <sup>th</sup> Nov 2016	National Education Day	Slogan writing, poetry recitation, debate
15 <sup>th</sup> Nov 2016	World Diabetes Day	Health Education
27 <sup>th</sup> Nov 2016	Organ Donation Day	Collage making competition
1 <sup>st</sup> Dec 2016	International AIDS day	Workshop
8 <sup>th</sup> Dec 2016	National Day for Mentally Retarded	Health Education
30 <sup>th</sup> Jan 2017	Anti leprosy Day	Seminar
8 <sup>th</sup> Mar 2017	International Women's Day	Beauty Competitions ,Rangoli
9 <sup>th</sup> Mar 2017	World Kidney Day	Quiz competition
7 <sup>th</sup> April 2017	World Health Day	Poster Exhibition, Role Play
12 <sup>th</sup> -18 <sup>th</sup> May 2017	International Nurses Week	Role Play, Poster Making, Quiz Competition
5 <sup>th</sup> June 2017	World Environment Day	Best out of waste, Tree Plantation
1 <sup>st</sup> -7 <sup>th</sup> August 2017	World Breastfeeding week	Heath Talks in wards and Seminar

  
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# Army College Of Nursing

## SNA Activity Calendar (2017-2018)

S. No.	DATE	DAYS	ACTIVITIES	TEACHER INCHARGE	SIGNATURE OF TEACHER
1.	5 <sup>th</sup> Sept. 2017	Teacher's Day			
2.	29 <sup>th</sup> Sept. 2017	World Heart Day	Quiz Competition	Mrs Khushnasib & Ms. Victoria	<i>Victoria</i>
3.	10 <sup>th</sup> Oct. 2017	World Mental Health Day	Poster, Role Play	Mrs. Shailza & Ms Riya	<i>Shailza</i>
4.	14 <sup>th</sup> Nov. 2017	World Diabetes Day	Health Education With health camp	Ms <del>Mandeep</del> Apsra & Ms Harpreet	<i>Apsra</i>
5.	27 <sup>th</sup> Nov. 2017	Organ Donation Day	Awareness campaign	Ms. Maninder & Ms. Amanjit	<i>Maninder</i>
6.	1 <sup>st</sup> Dec. 2017	World AIDS Day	Poster Exhibition in MH.	Ms. Gagan & Ms. Yadwinder	<i>Gagan</i>
7.	30 <sup>th</sup> Jan. 2018	World Leprosy Eradication Day	Quiz competition	Mrs. Jaspreet & Ms. Rashmi	<i>Jaspreet</i>
8.	4 <sup>th</sup> Feb. 2018	World Cancer Day	Seminar	Mrs. Baljeet & Ms Bandhu	<i>Baljeet</i>
9.	28 <sup>th</sup> Feb. 2018	National Science Day	Debate	Mrs. Bandna & Ms. Jasmeet	<i>Bandna</i>
10.	8 <sup>th</sup> March 2018	International Women's Day	Beauty Comp., Rangoli	Ms. Bandhu & Mrs Manju	<i>Bandhu</i>
11.	24 <sup>th</sup> March 2018	World TB Day	Poster with exhibition & Health check up (cantonment)	Ms. Jasmeet & Ms. Mandeep	<i>Jasmeet</i>
12.	7 <sup>th</sup> April 2018	World Health Day	Role Play, Poster Exhibition & Seminar	Ms. Manju & Ms. <del>Apsra</del> Mandeep	<i>Manju</i>
13.	12-18 <sup>th</sup> May 2018	International Nurses Week	Role Play, Poster Exhibition, Quiz Competition	Mrs. Varinder & Ms. Eliza	<i>Varinder</i>
14.	11 <sup>th</sup> July 2018	World Population Day	Poster competition	Ms. Apsra & Ms. Victoria	<i>Apsra</i>
15.	1-7 <sup>th</sup> Aug. 2018	World Breastfeeding Week	Exhibition Of Poster with Health Education	Ms. Eliza & Ms. Riya	<i>Eliza</i>

*[Signature]*  
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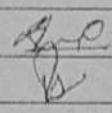
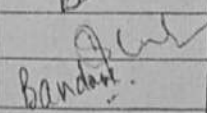
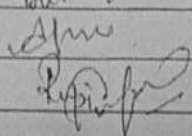
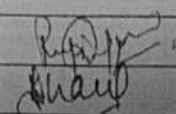
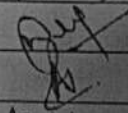
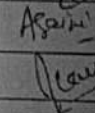
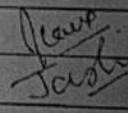
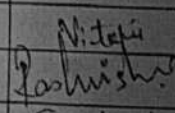
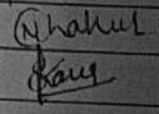
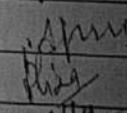
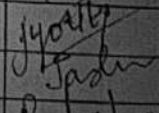
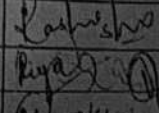
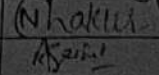
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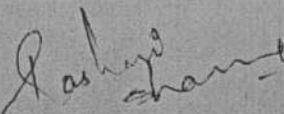
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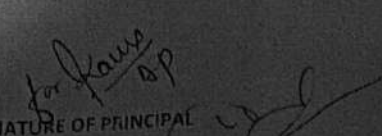


# ARMY COLLEGE OF NURSING

## SNA ACTIVITY CALENDER (2018-2019)

S.No	DATE	Event/Days	Activities	Teacher Incharge	Signature of Teacher
1	05-Sep-18	Teacher's Day		SNA Executives	
2	21-Sep-18	World Alzheimer's Day	Role Play ; Poster at ACN	Ms. Gagan Sharma	
				Mrs. Harpreet Kaur	
3	10-Oct-18	World Mental Health Day	Role Play at MH & ACN	Ms. Riya Sharma	
				Ms. Bandana	
4	14-Nov-18	World Diabetes Day	Health Camp at Community Centre	Ms. Apsra Kalsi	
				Ms. Rupinder Kaur	
5	01-Dec-18	World AIDS Day	Rally in Community	Mrs. Varinderpal Kaur	
				Ms. Rupinder Kaur	
6	27-Jan-19	World Leprosy Day	Seminar at ACN	Mrs. Khushnaseeb	
				Ms. NABINI	
7	04-Feb-19	World Cancer Day	Quiz Competition at ACN	Ms. Harpreet Kaur	
				Ms. Amanjeet Kaur	
8	08-Mar-19	International Women's Day	Cooking competition at ACN	Mrs. Baljeet Kaur	
				Ms. Jasleen Kaur	
9	24-Mar-19	World TB day	Awareness Campaign at Cantonment Board Hospital	Ms. Victoria	
				Ms. Rashmi Sharma	
10	07-Apr-19	World Health Day	Seminar at ACN	Ms. Neeta Thakur	
				Ms. Sukjot Kaur	
11	25-Apr-19	World Malaria Day	Poster Exhibition , Health Education at ACN	Ms. Apsra Kalsi	
				Ms. Eliza	
12	12-18 May-19	International Nurses Week	Role play ; Seminar at ACN	Ms. Jyotika	
				Ms. Jasleen Kaur	
13	28-Jul-19	World Hepatitis Day	Seminar at ACN	Ms. Rashmi Sharma	
				Ms. Riya Sharma	
14	1-7 Aug-19	World Breast Feeding Week	Poster Exhibition , Health Education at MH	Ms. Neeta Thakur	
				Ms. Amanjeet Kaur	

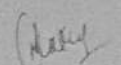
  
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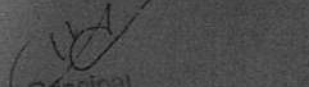
  
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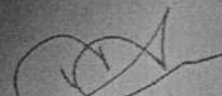
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**ARMY COLLEGE OF NURSING**  
**SNA ACTIVITY CALENDER ( 2019-2020)**

S.No.	DATE	DAY	EVENT
1	29-Sep-19	Sunday	World Heart Day
2	10-Oct-19	Thursday	World Mental Health Day
3	11-Dec-19	Saturday	World Arthritis Day
4	15-Oct-19	Tuesday	World HAND WASHING Day
5	15-Oct-19	Tuesday	State level SNA Biennial conference
6	17-Oct-19	Thursday	World trauma day
7	23-Oct-19	Wednesday	World iodine deficiency day
8	07-Nov-19	Thursday	World Nutrition Day
9	14-Nov-19	Thursday	Diabetes day /Children's Day
10	16-Nov-19	Saturday	fresher's party
11	18-Nov-19	Monday	SNA Election
12	19-Nov-19	Tuesday	World COPD Day
13	21-Nov-19	Friday	New born care week
14	01-Dec-19	Sunday	World AIDS Day
15	04-Feb-19	Tuesday	World cancer day
16	05-Feb-20	Wednesday	Lamp Lighting
17	12-Feb-20	Wednesday	Sexual& Reproductive Health
18	29-Feb-20	Saturday	AnnualSports Meet
19	08-Mar-20	Sunday	international women's day
20	24-Mar-20	Tuesday	World Tuberculosis Day
21	1 -7th -april -20	Monday-Saturday	7th intercollege cultural and sports meet "Beat-2019
22	07-Apr-20	Tuesday	WHO Day
23	01-May-20	Friday	world Asthma Day
24	6 -12 May-20	wednesday - Tuesday	International Nurses Week
25	15-May-20	Friday	International Kangaroo Care Awareness Day
26	21-May-20	Sunday	Yoga Day
27	1-7 -Aug-20	Monday-Saturday	Breast Feeding Week

  
SNA ADVISOR

  
Principal  
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Jalandhar Cantt

  
SNA PRESIDENT



**Mrs M Maheswary**

*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil) : 6876, Civ-0181-2266167**

**Mobile : 82838-24167, 91110-06269**



**Army College of Nursing**

**Deep Nagar,**

**Jalandhar Cantt**

**Pin-144005**

## **FLAG HOSTING ON INDEPENDENCE DAY**



  
(M Maheswary)  
Principal  
Army College of Nursing  
Jalandhar Cantt





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*B Sc (Hons) Nursing, M Sc (Nursing)*

*Principal*

*Tele (Mil) : 6876, Civ-0181-2266167*

*Mobile : 82838-24167, 91110-06269*

*Army College of Nursing*

*Deep Nagar,*

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## **INDEPENDENCE DAY**



  
(M Maheswary)  
Principal  
Army College of Nursing  
Jalandhar Cantt



**Mrs M Maheswary**

*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil) : 6876, Civ-0181-2266167**

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## **HOLI CELEBRATION**



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

*Principal*

*Tele (Mil) : 6876, Civ-0181-2266167*

*Mobile : 82838-24167, 91110-06269*

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## **CULTURAL EVENTS ON REPUBLIC DAY**



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil): 6876, Civ-0181-2266167**

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## **DIWALI CELEBRATION**



  
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## **CHRISTMAS CELEBRATION**



  
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**Principal**

**Tele (Mil): 6876, Civ-0181-2266167**

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## HEALTH EDUCATION ON WORLD CANCER DAY



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil): 6876, Civ-0181-2266167**

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## **ROLE PLAY ON WORLD AIDS DAY**



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil): 6876, Civ-0181-2266167**

**Mobile: 82838-24167, 91110-06269**

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## **NURSE'S DAY CELEBRATION**



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

*Principal*

*Tele (Mil) : 6876, Civ-0181-2266167*

*Mobile : 82838-24167, 91110-06269*

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## ANNUAL DAY CELEBRATION



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## TEACHER'S DAY CELEBRATION



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**Principal**

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## **DUSHERRA CELEBRATION**



  
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*B Sc (Hons) Nursing, M Sc (Nursing)*

**Principal**

**Tele (Mil) : 6876, Civ-0181-2266167**

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## WORLD DIABETES DAY



  
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**Principal**

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## INTERNATIONAL YOGA DAY



  
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## WORLD LEPROSY DAY CELEBRATION



  
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