

## TEACHING LEARNING OUTCOMES

### COURSE: BSC.NURSING

#### AIMS:

Prepare graduates to assume responsibilities as professionals, competent nurses and the aim of the undergraduate nursing program is to:

- Prepare nurses who can make independent decisions in nursing situations, protect the midwives in providing promotive, preventive, curative, and rehabilitative services.
- The rights of and facilitate individuals and groups in pursuit of health, functions in the hospital, community nursing services, and conduct research studies in the areas of nursing practice.
- They are also expected to assume the role of teacher, supervisor, and manager in a clinical / public health settings.

#### OBJECTIVES

: On completion of four year B.Sc. Nursing Program the graduate will be able to:

- Apply knowledge from physical, biological and behavioral sciences, medicine including alternative systems and nursing in providing nursing care to individuals, families and communities.
- Demonstrate understanding of life styles and other factors, which affect health of individuals and groups.
- Provide nursing care based on steps of nursing process in collaboration with individuals and groups.
- Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
- Utilize the latest trends and technology in providing health care.
- Provide promotive, preventive and restorative health services in line with the National Health Policies and Programmes.
- Practice within the frame work of code of ethics and professional conduct, and acceptable standards of practice within the legal boundaries.
- Communicate effectively with individuals and groups, and members of the health team in order to promote effective inter personal relationship and team work.

- Demonstrate skills in teaching to individuals and groups in clinical and community health settings.
- Participate effectively as members of the health team in health care delivery system.
- Demonstrate leadership and managerial skills in clinical / community health settings.
- Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.
- Demonstrate awareness, interest, and contribute towards advancement of self and of the profession.

### PROGRAMME OUTCOMES

- **Nursing Knowledge**: Apply knowledge from physical, biological and behavioral sciences, medicine including alternative systems and nursing in providing care to individuals, families and communities.
- **Nurse and the community**: Demonstrate understanding of lifestyle and other factors, which affect health of individuals and groups.
- **Care giver**: Provide nursing care based on steps of nursing process in collaboration with the individuals and groups.
- **Problem analysis/ Decision making**: Demonstrate critical thinking skill in making decisions in all situations in order to provide quality care.
- **Technology update**: Utilize the latest trends and technology in providing health care.
- **Nurse and the health care system**: Provide promotive, preventive and restorative health services in line with the national health policies and programmes.
- **Nurse and the profession**: Practice within the frame work of code of ethics and professional conduct, and acceptable standards of practice within the legal boundaries.
- **Communication**: Communicate effectively with individuals and groups and members of the health team in order to promote effective interpersonal relationships and teamwork.
- **Information Education and Counseling**: Demonstrate skills in teaching to individuals and groups in clinical / community health settings.
- **Nurse as a collaborative care giver**: Participate effectively as members of the health team in health care delivery system.
- **Nursing administration and management**: Demonstrate leadership and managerial skills in clinical / community health settings.

- **Nursing research**: Conduct need based research studies in various settings and utilize the research findings to improve the quality of care.
- **Life-long learning**: Demonstrate awareness, interest and contribute towards advancement of self and of the profession.



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**COURSE OUTCOMES**  
**B. Sc. NURSING FIRST YEAR**

**ENGLISH**

- Speak and write grammatically correct English
- Review of Grammar
- Develop ability to read, understand and express meaningfully the prescribed
- Develop writing skills
- Develop skill in spoken English
- Develop skill in listening comprehension

**ANATOMY**

- Describe the anatomical terms, organization of human body and structure of cell, tissues, membranes and glands
- Describe the structure & function of bones and joints
- Describe the structure and function of muscles
- Describe the structure and function of nervous system
- Explain the structure and function of sensory organs
- Describe the structure and function of circulatory and lymphatic system
- Describe the structure and function of respiratory system
- Describe the structure and function of digestive system
- Describe the structure and function of excretory system
- Describe the structure and function of endocrine system
- Describe the structure and function of reproductive system

**PHYSIOLOGY**

- Describe the physiology of cell, tissues, membranes and glands
- Describe the bone formation and growth and movements of skeletal system
- Describe the muscle movements and tone and demonstrate muscle contraction and tone
- Describe the physiology of nerve stimulus, reflexes, brain, cranial and spinal nerves
- Demonstrate reflex action and stimulus
- Describe the physiology of blood and functions of Heart
- Demonstrate blood cell count, coagulation, grouping, Hb, BP and pulse monitoring
- Describe the physiology and mechanisms of respiration
- Demonstrate spirometry
- Describe the physiology of digestive system
- Demonstrate BMR
- Describe the physiology of excretory system
- Describe the physiology of sensory organs.
- Describe the physiology of endocrine glands

Describe the Physiology of male and female reproductive system  
Describe the physiology of Lymphatic and Immunological system

### **NUTRITION**

Describe the relationship between nutrition & health  
Describe the classification, functions, sources and recommended daily allowances (RDA) of carbohydrates  
Describe the classification, functions, sources and recommended daily allowances (RDA) of fats  
Describe the classification, functions, sources and recommended daily allowances (RDA) of Proteins  
Describe the daily calorie requirement for different categories of people  
Describe the classification, functions, sources and recommended daily allowances (RDA) of vitamins  
Describe the classification, functions, sources and recommended daily allowances (RDA) of minerals  
Describe the sources, functions and requirements of water & electrolytes  
Describe the cookery rules and preservation of nutrients  
Prepare and serve simple beverages and different types of foods  
Describe and plan balanced diet for different categories of people  
Describe the various national programmes related to nutrition  
Describe the role of nurse in assessment of nutritional status and nutrition education

### **BIOCHEMISTRY**

Describe the structure, composition and functions of cell  
Differentiate between prokaryote and eukaryote cell  
Identify techniques of microscopy  
Describe the structure and functions of cell membrane  
Explain the metabolism of carbohydrates  
Explain the metabolism of Lipids  
Explain the metabolism of Amino acids and Proteins  
Describe types, composition and utilization of Vitamins & minerals  
Describe Immuno-chemistry

### **NURSING FOUNDATION**

Describe the concept of health, illness and health care agencies  
Explain concept and scope of nursing  
Describe values, code of ethics and professional conduct for nurses in India  
Explain the admission and discharge procedure  
Perform admission and discharge procedure  
Communicate effectively with patient, families and team members and maintain effective human relations (projecting professional image)



Appreciate the importance of patient teaching in nursing  
Explain the concept, uses, format and steps of nursing process  
Documents nursing process as per the format  
Describe the purposes, types and techniques of recording and reporting  
Describe principles and techniques of monitoring and maintaining vital signs  
Monitor and maintain vital signs  
Describe the purpose and process of health assessment  
Describe the health assessment of each body system  
Perform health assessment of each body system  
Identifies the various machinery, equipment, linen and their care  
Describe the basic, physiological and psychosocial needs of patient  
Describe the principles and techniques for meeting basic, physiological and psychosocial needs of patient  
Perform nursing assessment, plan, implement and evaluate the care for meeting basic, physiological and psychosocial needs of patient  
Describe principles and techniques for infection control and biomedical waste management in supervised clinical settings  
Explain the principles, routes, effects of administration of medications  
Calculate conversions of drugs and dosages within and between systems of measurements  
Administer drugs by following routes-oral, intradermal, subcutaneous, intramuscular, intravenous, topical and inhalation  
Describe the pre and post operative care of patients  
Explain the process of wound healing  
Explain the principles and techniques of wound care  
Perform care of wounds  
Explain care of patients having alterations in body functioning  
Explain care of terminally ill patient  
Explain the basic concepts of conceptual and theoretical models of nursing

### **NURSING FOUNDATION – PRACTICAL**

Performs admission and discharge procedure  
Prepare nursing care plan as per the nursing process format  
Communicate effectively with patient, families and team members  
Maintain effective human relations  
Develop plan for patient teaching  
Prepare patient reports  
Presents reports  
Monitor vital signs  
Perform health assessment of each body system  
Provide basic nursing care to patients  
Perform infection control procedures  
Provide care to pre and post operative patients

Perform procedures for care of wounds  
Administer drugs  
Provide care to dying and dead  
Counsel and support relatives

### **PSYCHOLOGY**

Describe the history, scope and methods of psychology  
Explain the biology of Human behaviour  
Describe various cognitive processes and their applications  
Describe motivation, emotions, stress, attitudes and their influence on behaviour  
Explain the concepts of personality and its influence on behaviour  
Describe psychology of people during the life cycle  
Describe the characteristics of mentally healthy person  
Explain ego defence mechanisms  
Explain the Psychological assessments and role of nurse

### **MICROBIOLOGY**

Explain concepts and principles of microbiology and their importance in nursing  
Describe structure, classification morphology and growth of bacteria  
Identify micro- organisms  
Describe the methods of infection control  
Identify the role of nurse in hospital infection control programme  
Describe the different disease producing organisms  
Explain the concept of immunity, hyper sensitivity and immunization

### **INTRODUCTION TO COMPUTERS**

Identify & define various concepts used in computer  
Identify application of computer in nursing  
Describe and use the Disk operating system  
Demonstrate skill in the use of MS Office  
Demonstrate skill in using multi-media  
Identify features of computer aided teaching and testing  
Demonstrate use of internet and Email  
Describe and use the statistical packages  
Describe the use of Hospital Management System

  
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## **PATHOLOGY AND GENETICS**

### **Section A - Pathology**

Define the common terms used in pathology.

Appreciate the deviations from normal to abnormal structure and functions of the body system.

Explain Pathological changes in disease conditions of various systems

Describe various laboratory tests in assessment and monitoring of disease conditions

Describe the laboratory tests for examination of body cavity fluids, transudates and exudates

Describe the laboratory tests for examination of urine and faeces

### **SECTION – B GENETICS**

Explain nature, principles and perspectives of heredity

Explain Maternal, prenatal and genetic influences on development of defects and diseases

Explain the screening methods for genetic defects and diseases in neonates and children

Identify genetic disorders in adolescents and adults

Describe the role of nurse in genetic services and counseling

### **MEDICAL SURGICAL NURSING (ADULT INCLUDING GERIATRICS)-I**

Appreciate the trends in medical and surgical nursing

Describe the role of a nurse in caring for adult patient in hospital and community

Describe the concepts of medical surgical asepsis

Describe the common signs, symptoms, problems and their specific nursing interventions

Describe the aetiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of respiratory system

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of digestive systems

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with blood and cardiovascular problems



Describe the vascular conditions and its nursing management. Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of genito-urinary systems

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of male reproductive system

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of endocrine system

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of skin

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of musculo- skeletal system

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with disorders of immunological system

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients (adults including elderly) with communicable Diseases

Describe the organization and physical set up of operation theatre

- Identify the various instruments and equipments used for common surgical procedures describe the infection control measures in the Operation Theatre
- Describe the role of the nurse in the Operation Theatre

## **MEDICAL SURGICAL NURSING (ADULT INCLUDING GERIATRICS)-I PRACTICAL**

Provide nursing care to adult patients with medical disorders

Counsel and educate patients and families

General surgical ward

Provide pre and post-operative nursing care to adult patients with surgical disorders

Counsel and educate patients and families

Cardiology Ward

Provide nursing care to patients with cardiac disorders

Counsel and educate patients and families

Skin and communicable diseases

Identify skin problems

Provide nursing care to patients with skin disorders & communicable diseases

Counsel and educate patients and families

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Describe Epidemiology and nursing management of common Non-communicable diseases

Describe the concepts and scope of demography

Describe methods of data collection, analysis and interpretation of demographic data

Identify the impact of population explosion in India

Describe the methods of population control

### **COMMUNITY HEALTH NURSING I - PRACTICAL**

Build and maintain rapport

Identify demographic characteristics, health determinants and community health resources

Diagnose health needs of individual and families

Provide primary care in health centre

Counsel and educate individual, family and community

### **COMMUNICATION & EDUCATIONAL TECHNOLOGY**

Describe the communication process

Identify techniques of effective communication

Establish effective inter-personal relations with patients, families & co-workers

Develop effective human relations in context of nursing

Develop basic skill of counselling and guidance

Describe the philosophy & principles of education

Explain the teaching learning process

Demonstrate teaching skill using various teaching methods in clinical, classroom and community settings

Prepare and use different types of educational media effectively

Prepare different types of questions for assessment of knowledge, skills and attitudes

Teach individuals, groups, and communities about health with their active participation

### **ENVIRONMENTAL STUDIES**

Describe nature of environmental studies

Explain uses of natural resource and the effects of exploitation

Describe the types of Ecosystems

Explain ecosystem diversity and Conservation of biodiversity

Explain Causes, effects and control measures of environmental Pollution

Describe the environmental social issues and the possible solutions

Explain the human population and its impact on health

Identify the local polluted sites and draw out the remedy measures

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## THIRD YEAR

### MEDICAL SURGICAL NURSING (ADULT INCLUDING GERIATRICS)- II

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients with disorders of Ear Nose and Throat

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients with disorders of Eye.

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and nursing management of patients with neurological disorders

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and nursing management of patients with disorder of female reproductive system

Describe the concept of reproductive health and family welfare programme

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients with burns, reconstructive and cosmetic surgery

Describe the etiology, patho physiology, clinical manifestations, diagnostic measures and management of patients with oncological conditions

Describe organization of emergency and disaster care services

Describe the role of nurse in disaster management

Describe the role of nurse in management of common emergencies

Explain the concept and problems of ageing

Nursing care of the elderly

Describe organization of critical care units

Describe the role of nurse in management of patients in critical care units

Describe the etiology, patho physiology, clinical manifestations, assessment, diagnostic measures and management of patients with occupational and industrial health disorder

### MEDICAL SURGICAL NURSING (ADULT AND GERIATRICS)- II- PRACTICAL

#### ENT

Provide care to patients with ENT disorders

Counsel and educate patient and families Ophthalmology

Provide care to patients with Eye disorders

Counsel and educate patient and families OT – Eye, ENT, Neuro

Identify instruments

Assist in OT set up

Supervise sterilization

Assist in OT table layout

Manage the child with behavioural & social problems  
Identify the social & welfare services for challenged children

### **CHILD HEALTH NURSING – PRACTICAL** **Paediatric Medicine Ward**

Provide nursing care to children with various medical disorders Paediatric  
Surgery Ward  
Counsel and educate parents  
Recognize different paediatric surgical conditions/malformations  
Provide pre and post-operative care to children with common paediatric  
surgical conditions/malformation  
Counsel and educate parents Paediatric OPD/ Immunization room  
Perform assessment of children: Health Developmental and Anthropometric  
Perform immunization  
Give Health Education/Nutritional Education Paediatric medicine and surgery  
ICU  
Provide nursing care to critically ill children.  
Paediatric Medicine Ward/ICU  
Provide comprehensive care to children with medical conditions Paediatric  
Surgery Ward/ICU  
Provide comprehensive care to children with surgical conditions NICU  
Provide intensive care to neonates

### **MENTAL HEALTH NURSING**

Describe the historical development & current trends in mental health nursing  
Describe the epidemiology of mental health problems  
Describe the National Mental Health Act, programmes and mental health  
policy  
Discuss the scope of mental health nursing  
Describe the concept of normal & abnormal behaviour  
Define the various terms used in mental health nursing  
Explain the classification of mental disorders  
Explain psycho dynamics of maladaptive behaviour  
Discuss the etiological factors, psychopathology of mental disorders  
Explain the principles and standards of Mental health Nursing  
Describe the conceptual models of mental health nursing  
Describe the nature, purpose and process of assessment of mental health status  
Identify therapeutic communication techniques  
Describe therapeutic relationship  
Describe therapeutic impasse and its intervention  
Explain treatment modalities and therapies used in mental disorders and role of  
the nurse



Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with Schizophrenia, and other psychotic disorders

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with mood disorders

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with neurotic, stress related and somatisation disorders

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with substance use disorders

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of patients with spersonality, Sexual and Eating disorders

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management of childhood and adolescent disorders including mental deficiency

Describe the etiology, psychopathology, clinical manifestations, diagnostic criteria and management organic brain disorders

Identify psychiatric emergencies and carry out crisis intervention

Explain legal aspects applied in mental health settings and role of the nurse

Describe the model of preventive psychiatry

Describe community Mental Health services and role of the nurse

## **MENTAL HEALTH NURSING – PRACTICAL**

### **Psychiatric OPD**

Assess patients with mental health problems .

Observe and assist in therapies.

Counsel and educate patient and families.

Assessment of children with various mental health problems

Counsel and educate children, families and significant others Child Guidance clinic

To provide nursing care for patients with various mental health problems CO3.

Assist in various therapies

### **Community Psychiatry**

To identify patients with various mental disorders

To motivate patients for early treatment and follow up

Counsel and educate patient and family and community

### **Psychiatry ward**

Provide comprehensive care to patients with mental health problems

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### **Antenatal clinic/OPD**

Assessment of pregnant women in Labour room and O.T

Antenatal Examination and care in Antenatal ward.

Assessment of woman in labour

Carry out per vaginal examinations

Conduct normal deliveries

Perform episiotomy and suturing

Resuscitate newborns

Assist with caesarean sections, MTP and other surgical procedures

### **Post natal ward**

Provide nursing care to postnatal mother and baby

Counsel and teach mother and family for parenthood Newborn nursery

Provide nursing care to newborn at risk.

### **Family planning clinic**

Counsel for and provide family welfare services

Antenatal Postnatal Newborn Nursery.

Provide comprehensive care to mothers and neonates in NICU

## **COMMUNITY HEALTH NURSING – II**

Define concepts, scope, principles and historical development of Community Health and community health nursing

Describe health plans, policies, various health committees and health problems in India

Describe the system of delivery of community health services in rural and urban areas

List the functions of various levels and their staffing pattern

Explain the components of health services

Describe alternative systems of health promotion and health maintenance

Describe the chain of referral system

Describe Community Health Nursing approaches and concepts

Describe the roles and responsibilities of Community health nursing personnel

Describe and appreciate the activities of community health nurse in assisting individuals and groups to promote and maintain their health

Describe national health and family welfare programmes and role of a nurse

Describe the various health schemes in India

Explain the roles and functions of various national and international health agencies

## **COMMUNITY HEALTH NURSING II – PRACTICAL**

Identify community profile

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Identify prevalent communicable and non communicable diseases  
Diagnose health needs of Individual, families and community  
Plan, provide and evaluate care  
Participate in school health program  
Participate in national health programs  
Organize group for self help and involve clients in their own health activities  
Provide family welfare services  
Counsel and educate individual, family and community  
Collect vital health statistics  
Maintain records & reports

### **Internship**

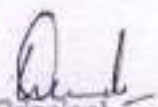
Rural and Urban Community  
Provide comprehensive care to individual, family and community


### **MANAGEMENT OF NURSING SERVICES AND EDUCATION**

Explain the principles and functions of management  
Describe the elements and process of management Describe the management of nursing services in the hospital and community  
Describe the concepts, theories and techniques of organizational behaviour and human relations  
Participate in planning and organizing in –service education program  
Describe management of Nursing educational institutions  
Describe the ethical and legal responsibilities of a professional nurse  
Explain the nursing practice standards  
Explain the Various opportunities for professional advancement

  
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Ser No	Parents Details	Particulars of Students	Steam/Batch	% of Marks Scored	Other Scholarships Awarded		
					Type	Amount	Academic Year
<b><u>FOURTH YEAR STUDENTS</u></b>							
37.	Ms Pooja Bora ✓	Nb Sub Mahesh Singh Bora ✓	B Sc (N) IVth Year	78.00% ✓	--	--	--
38.	Ms Gagandeep Kaur ✓	Ex Sub Amarjit Singh ✓	-do-	77.67% ✓	--	--	--
39.	Ms Manisha Bisht ✓	Nb Sub Ganesh Singh Bisht ✓	-do-	76.17% ✓	--	--	--
40.	Ms Bishali ✓	Hony Capt Karam Singh ✓	-do-	76.00% ✓	--	--	--
41.	Ms Sapna ✓	Nk Chandra Kishore ✓	-do-	75.50% ✓	--	--	--
42.	Ms Juli Kumari ✓	Ex Hav Umesh Prasad Modi ✓	-do-	75.50% ✓	--	--	--
43.	Ms Pooja Dhiman ✓	Ex Sub (Hony Capt) Ajit Kumar Dhiman ✓	-do-	75.33% ✓	--	--	--
44.	Ms Versha Guleria ✓	Sub (Hony Sub Maj) Balbinder Singh ✓	-do-	75.17% ✓	--	--	--
45.	Pooja Chakraborty ✓	Ex Hav/Hony Nb Sub Gautam Chakraborty ✓	-do-	75.00% ✓	--	--	--
46.	Ms Nisha Kumari ✓	Ex Hav Mohinder Singh ✓	-do-	74.83% ✓	--	--	--
47.	Ms Indu Devi ✓	Ex Hav Ajit Singh ✓	-do-	74.83% ✓	--	--	--
48.	Ms Manisha ✓	Nb Sub Raj Kumar ✓	-do-	74.67% ✓	--	--	--

  
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**LIST OF MERITORIOUS STUDENTS**

Sr No	Name of the Student	Class	Subject Topped
1.	Ms Aarti Yadav	B Sc	Anatomy & Physiology
2.	Ms Kamalpreet Kaur	(Nursing)	Nutrition & Biochemistry
3.	Ms Ruchika Devi	1 <sup>st</sup> Year	Nursing Foundation
4.	Ms Armeet		Psychology
5.	Ms Charu		Microbiology
6.	Ms Kamalpreet Kaur		English
7.	Ms Muskaan Joshi		Computers
8.	Ms Gunjan Kharayat	B Sc	Sociology
9.	Ms Harmandeep Kaur	(Nursing)	Medical Surgical Nursing – I
10.	Ms Pawanpreet Kaur	2 <sup>nd</sup> Year	Pharmacology, Pathology & Genetics
11.	Ms Goldy Deshwal		Pharmacology, Pathology & Genetics
12.	Ms Harmandeep Kaur		Community Health Nursing – I
13.	Ms Gunjan Kharayat		Communication & Education Technology
14.	Ms Nisha Kumari	B Sc	Medical Surgical Nursing – II
15.	Ms Monika Kumari	(Nursing)	Child Health Nursing
16.	Ms Monika Kumari	3 <sup>rd</sup> Year	Mental Health Nursing
17.	Ms Akanksha Sharma	B Sc	Midwifery & Obstetrical Nursing
18.	Ms Taranjot Kaur	(Nursing)	Community Health Nursing – II
19.	Ms Reshma Patie	4 <sup>th</sup> Year	Management of Nursing Services & Education
20.	Ms Deepali Manhas		Nursing Research & Statistics

  
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